

# Course: Lifeguard Management



## **Purpose**

To provide participants with the knowledge and skills needed to effectively manage lifeguards and to create an environment that keeps patrons, lifeguards and the aquatic facility safe.

## **Prerequisites**

- None.
- It is recommended that participants—
  - Possess a current American Red Cross Lifeguarding/First Aid certificate or a current certificate from another nationally-recognized organization.
  - Have either lifeguarding experience or management experience in another occupation.

## **Learning Objectives**

- Understand the roles and responsibilities of members of an aquatic safety team.
- Learn how to select your lifeguard team.
- Learn how to implement injury-prevention strategies.
- Learn how to prepare for and respond to an emergency.
- Learn how to keep your lifeguard team prepared.
- Learn how to build a lifeguard team.
- Learn how to reduce job-related health risks.
- Learn how to interact with the public.
- Learn how to minimize risks.

## **Length**

7 hours, 10 minutes

## **Instructor**

A currently authorized American Red Cross Lifeguarding instructor.

## **Certification Requirements**

- Attend all class sessions.
- Participate in all activities.
- Correctly answer at least 80 percent of the questions on the final written exam.

## **Certificate Issued and Validity Period**

Lifeguard Management: No validity period

## **Participant Materials**

*American Red Cross Lifeguard Management Manual with CD-ROM (Stock No. 654148)*